

FQG BOM –August 2017
Roman Square 9" Finished

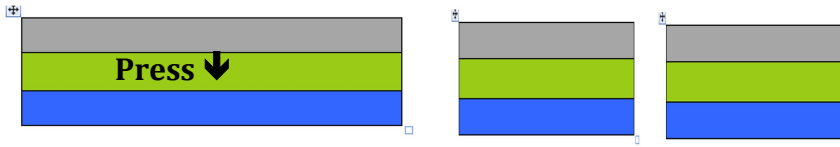


Cutting Instructions

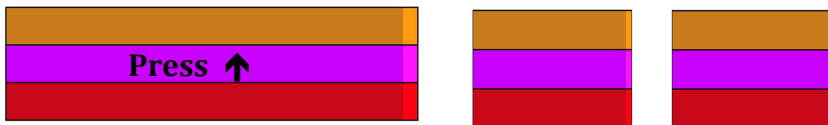
Fabric A= 2" x 11" Cut 1	Fabric D= 2" x 11" Cut 1
Fabric B= 2" x 11" Cut 1	Fabric E= 2" x 11" Cut 1
Fabric C= 2" x 11" Cut 1	Fabric F= 2" x 11" Cut 1

Making the Block

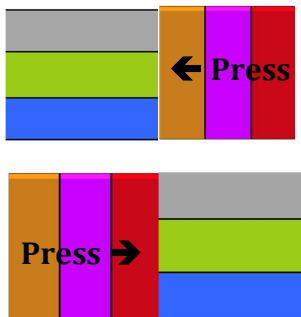
1. Arrange three 2" x 11" fabric strips, varying color warmth or contrast among strips. Sew the strips together lengthwise. Press seam allowances in the same direction as shown. Cut two 5" x 5" units.
Hint: To prevent strip sets from being distorted by reversing your starting point for each new strip.



2. Repeat to make one more strip set from three different 2"x 11" fabric strips. Sew the strips together lengthwise. Press seam allowances in the same direction as shown. Cut two 5" x 5" units.

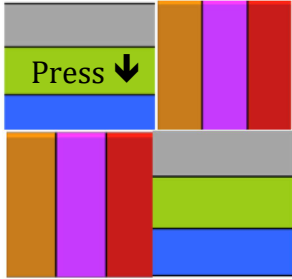


3. Arrange the 4 units into two rows, each with two units as shown. Sew the units in each row together. Press. Suggested layout: *Upper left and lower right units have bars that run horizontally. Bars in the upper right and lower left segments are vertical.*



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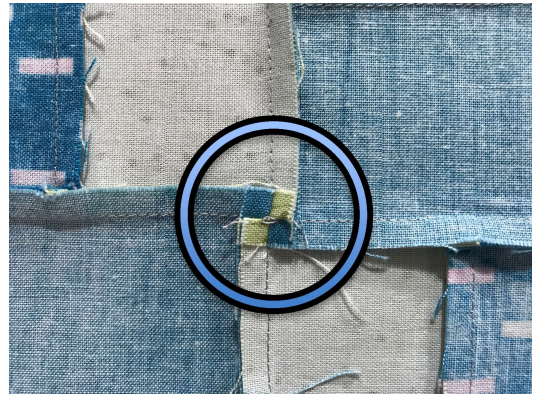
4. Sew the two rows together to complete the block. Press.
The Roman Square block measures 9 ½” unfinished square.



Optional: “Spinning” Seams on a Four-Patch Quilt Block – Use online resources listed below.

*To reduce bulk before pressing the block open, remove the end stitches above the seam just sewn when joining the two rows together. **Only remove the stitches in the vertical seam above the horizontal seam.** Then turn the unit over and also remove the stitches above the seam line on the other side.*

When the seam is pressed there will be one half of the seam in one direction and the other half of the seam in the other direction. The center portion will resemble a four patch.



Online resources for this technique:

<http://lavieenrosie.typepad.com/lavieenrosie/2012/04/seams-a-poppin.html>

<https://www.youtube.com/watch?v=Ajw2PqcFLs0>

<http://quiltville.blogspot.com/2005/06/spin-those-four-patch-seams.html>